

Super Stars

Bellamy

Avery

From our Center To Your Home

The name of the Lord is a strong tower; the righteous run to it and are safe. Proverbs-18:10

Dear Families, we pray and believe all is going well for all our families. At CDC we are very busy as usual trying to find ways to make our program a quality program for all the children and their families. Based on our mission statement "In pursuit of excellence in care, development and education of young children in our community, we partner with families and strive to promote and encourage godliness and wisdom, while meeting physical, socio-emotional, mental and spiritual needs of the children in our care", we are working on including family participation in their child's learning at Immanuel CDC.

As we are entering in to the most exciting time of the year [FALL] I want you to be aware of what we will be doing in the next 3 months involving our families. Our classrooms will focus on fall curriculum activities and the Teachers will arrange the classrooms to reflect the Fall season. The classroom Teachers will plan Fall activities and families can participate in the classroom activities as and when it's convenient for them to give 30 minutes of their time based on the classroom Teacher's request for parent help/participation. They may need help with setting up bulletin boards or doing cooking or craft projects that may need your assistance. They may look for some items for donations too.

Reminders -We are almost in the Fall weather with late sun rise and it's still dark at 6:30 am, and in view of that starting Monday the 18th, we will open the classrooms inside. The children will go out for play after the breakfast. The mornings are little cooler now therefore please bring your child with a light jacket and dress them up as per the cool temperatures. Please pay extra attention to the little coughs, colds and fevers as COVID is back in the populations along with the flu season. All those children that are in the process of potty training, parents must provide extra pairs of clothes especially underwear/panty. Please make sure the children are signed in and signed out with full signature by the adult that is dropping off or picking up the children.

Following you will find the upcoming CDC important events for the next 3 months.
Please mark them on your calendar

Joelle

October 9th [Columbus day -public holiday] - Center closes at 12 noon in view of staff in-service during the afternoon

October 31st - 9:30 Am - Costume parade - Dress up children in their favorite costume [no scary costumes]

Evening - Harvest festival @ 5:30pm, [Lots of fun activities for the entire family]

November 10th [Veteran's day public holiday- Center closes at 12 noon in view of staff in-service during the afternoon]

November 17th @ 11 am - CDC All family Thanksgiving lunch

December 13th @ 10 am - Christmas Celebration - Happy Birthday Jesus Party

Maxton

Elizabeth

Frata

Grayson

Merrick.

Thank you for your cooperation and understanding
Hadassah Ratna Raj, Director CDC

Fabian

Adriyah

September 2023

Connor

Sunflower's Class

Autumn Health and Safety Tips: Keep your kids safe and healthy

Everyone 6 months and older should get an annual flu vaccine. It takes about two weeks after vaccination for your body to develop full protection against the flu. Get vaccinated to protect yourself and your loved ones! It is fall—and often the time that we start seeing people get sick with flu. By getting a flu vaccine for yourself and your entire family every season, you can help prevent flu-related illness, missed school and work and even more serious flu-related illness. Influenza (flu) is a contagious respiratory disease that infects the nose, throat, and lungs and can lead to serious complications, hospitalization, or even death. Pneumonia and bronchitis are examples of serious flu-related complications. The flu also can cause certain health conditions, like diabetes, asthma, and heart and lung disease, to become worse. Even healthy people can become sick with the flu and experience serious complications. But even if you are one of the lucky ones who bounces back quickly from a bout with the flu, people around you might not be so lucky. Getting a flu vaccine is the single best way to protect yourself and your family from this serious disease.

Everyone Needs a Flu Vaccine – *Every Flu Season*. Flu viruses are constantly changing, and different flu viruses can circulate and cause illness each season. Flu vaccines are made each year to protect against the flu viruses that research indicates will be most common. Also, immunity from vaccination declines after a year.

This is why everyone needs a flu vaccine *every season*. While everyone 6 months and older should get a flu vaccine this season with rare exception, it's especially important for some people to get vaccinated. Those people include the following:

Children aged 6 months through 4 years (59 months); People aged 50 years and older; people with chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, neurologic, hematologic, or metabolic disorders (including diabetes mellitus); People who are immunosuppressed (including immunosuppression caused by medications or by human immunodeficiency virus); Women who are or will be pregnant during the influenza season; People who are aged 6 months through 18 years and receiving long-term aspirin therapy and who therefore might be at risk for experiencing Reye syndrome after influenza virus infection; People who are residents of nursing homes and other chronic-care facilities; People who are morbidly obese (body-mass index is 40 or greater); Health-care personnel; Household contacts and caregivers of children younger than 5 years and adults aged 50 years and older, with particular emphasis on vaccinating contacts of children aged younger than 6 months; and Household contacts and caregivers of people with medical conditions that put them at higher risk for severe complications from influenza. Some children 6 months through 8 years of age will require two doses of flu vaccine for adequate protection from flu. **A Reminder for Parents** -Some children 6 months through 8 years of age need two doses of influenza vaccine. Children in this age group who are getting vaccinated for the first time, as well as some who have been vaccinated previously, will need two doses. Your child's doctor or other health care professional can tell you whether your child needs two doses of flu vaccine. [Center for disease control and prevention]

Grace

Kyler